UCT Spring Golf Day
at Ladies' Golf Club of Toronto
Friday, June 9th, 2017
Tee Time 12:30pm
$90
+HST and Golf Cart
(Price of optional dinner will be extra)
RSVP with Karen Csida at
sports@universityclubofToronto.com

Coming Up and Inside

June 1st - Toronto Blue Jays vs New York Yankees game

June 9th - Spring Golf Day

June 13th - The Age of Disruption - Speaker Luncheon with Margaret Wente

June 15th - Jewels of the Cellar

June 20th - Round Table Luncheon

June 22nd - Season Closer

July 3rd - Club Closed for Canada Day

August 24th - French Country Buffet and Summer Wines

September 8th - Fall Golf Tournament

September 14th - Sports Black Tie Dinner

October 21st - Opening Gala

November 5th - UCT Wine Tour

November 14th - Speaker Luncheon With Jennifer Keesmat, Chief Planner for the City of Toronto

Hello to Summer —it's a Movable Feast!

June 22nd

6:30 Reception; 7:30 Buffet Dinner

Join us for a progressive season closing party... where members move from table to table at intervals during the evening, so there is ample opportunity to see your Club friends before you head off for the Summer!

We are offering a chit bar reception, casual buffet dinner and wines will be available by glass/bottle/1/2 ltr carafe.

Dinner Buffet is $36+taxes

Upcoming Movie Nights

June 2nd - *The Departed*

June 16th - *True Grit*

Summer Line Up:

"Thirties Thursdays"

Round Table Luncheon

Tuesday, June 20th

WEDDINGS

The UCT - The perfect location for an elegant, traditional wedding

We still have some availabilities for 2017!

Referrals appreciated and encouraged!

Contact Cadrae at

events@universitycluboftoronto.com
416-597-1336
ex: 228

NEW AT UCT!

BI-MONTHLY LUNCHEON SPEAKER SERIES ON A WIDE RANGE OF TOPICS

THE AGE OF DISRUPTION

Or, why can't everyone just get along?

Margaret Wente

Writer for the Globe & Mail and arguably Canada's most influential–and controversial–columnist

Author of *You Can't Say That in Canada*

A Director of Energy Probe Research Foundation

LUNCHEON SPEAKER SERIES

AT THE **UNIVERSITY CLUB OF TORONTO**
(380 University Avenue, south of Dundas, St. Patrick Subway Station)

TUESDAY, JUNE 13, 2017

11:30 am: Mix and Mingle
12 noon: Lunch and Presentation

$35 LUNCH AND PRESENTATION

CASH BAR AVAILABLE FROM 11:30 AM

Please RSVP by June 6th

rsvp@universitycluboftoronto.com

Jewels of the Cellar

Thursday, June 15th

6:30pm - Mystery Fizz half hour reception

7:00pm - Jewels of the Cellar Tasting

Taste some of the finest wines from UCT Cellar along with an exceptional dinner by

Chef Patrick!

Tasting + Reception

$70

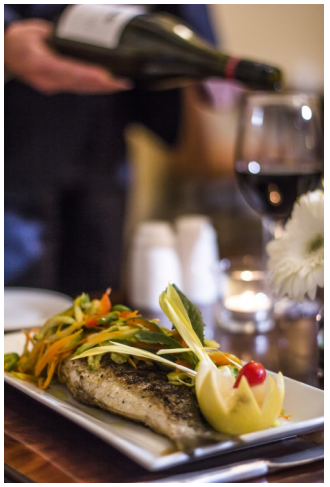
Tasting + Dinner

$133

Library Dining

Now Tuesday through Friday

We are pleased to offer to the members of the Club our commitment that we will provide luncheon and dinner service in the Library; Tuesday through Friday. If the Library should be unavailable we will relocate dining to another suitable room in the Club. When making a reservation for the library you will be informed if library dining has been relocated. We try to avoid this as often as possible, but feel that the President's Room or the Main Dining Room make marvellous rooms for dining with white linen and attentive service.



Mark your Calendar for June 21st!

CAWEE "Mad Hatter" Tea Party

Wednesday, June 21st, 2017

From 1:30 to 4:30pm

Join us for a magical Mad Hatter Tea Party and Enjoy an afternoon of Networking and Tea.

CAWEE & UCT Members $70 + HST

Guests $75 + HST

We are thrilled to welcome magician Rosemany Reid, to add the "madness and mystery" to our afternoon.

Networking, Vendor Tables, Prizes and Tea too!

CAWEE

CANADIAN ASSOCIATION OF WOMEN EXECUTIVES & ENTREPRENEURS

French Country Buffet & Summer Wines

Thursday, August 24th

Reception at 6:30pm, followed by a wine tour of the Languedoc Roussillon and a fabulous buffet prepared by our Chef Patrick and his culinary team reflecting the traditions of this remarkable wine region in France.

During the evening we will be enjoying highly regarded wines from the Languedoc which have been selected specifically for this occasion.

Cost $110 pp - service and tax included

To reserve, please call Cadrae at 416-597-1336 x228

or email at rsvp@universitycluboftoronto.com

UCT Group Exercise Schedule: Spring 2017

Class Type	Monday	Tuesday	Wednesday	Thursday	Friday
Barre & Stretch	12:30 - 1:30		12:30 – 1:30		
Boxing				11:45 – 12:30	
NEW! 20-Minute Cycle, 20-Minute Circuit Training & 20-Minute Stretch	10:45 – 11:45		10:45 – 11:45		
Stretch		1:15 – 1:30		1:15 – 1:30	
Cycle		12:30 – 1:15		12:30 – 1:15	
Cycle & Stretch		7:30 – 8:00 AM			
Cycle, Circuit Training & Yoga	5:30 – 6:30		5:30 – 6:30		
Eccentrics					12:30 – 1:30
Gentle Fitness		10:45 – 11:45		10:45 – 11:45	

Class Type	Description
Barre	Classes begin with a warm-up focusing on postural strength and alignment, followed by a series of upper body exercises using light weights. Ballet inspired movements are utilized to sculpt the lower body and abs, and improve flexibility.
Boxing	Learn the fundamentals of boxing under the tutelage of a boxing instructor. This is a high intensity class which stresses conditioning and boxing technique.
Circuit Training	An excellent way to simultaneously improve mobility, strength and cardiovascular endurance.
Cycle	A great cardiovascular workout. Pedal through hill climbs, sprints and many other challenging drills and exercises.
Eccentrics	A dynamic workout based on the theories of Miranda Esmonde-White that simultaneously lengthen and strengthen every muscle in the body, resulting in greater joint mobility and lean, long muscles.
Gentle Fitness	If you have a limiting physical condition that requires a gentler routine, or you are just beginning an exercise routine, this is the perfect class for you. A combination of low impact exercises targets large muscle groups to build endurance and muscle strength.
Pilates	The Pilates method is famous for developing strength, flexibility and coordination and flat abs.
Yoga	A system of physical postures, breathing techniques and meditation derived from yoga but often practiced independently, especially in western cultures to promote body and mental control, and well-being.

Andy Byford, CEO of the TTC returns for a Fireside Chat!

Hosted by the Oxford and Cambridge Society here at the University Club of Toronto

Tuesday, June 20th

6:00pm

$35 (tx and svc incl)

Drinks and Hors D 'Oeuvres Reception at 6pm, with Andy's address at about 6:45 pm

Optional a la carte dining at 7:45pm

Organized by Martin Buckle for the Oxford and Cambridge Society of Toronto

Please join the Oxford and Cambridge Society of Toronto in our "Fire Side Chat" series, for a repeat performance from Mr. Andy Byford – CEO of the TTC.

Plymouth raised (and still a staunch supporter of the Argyle FC), Andy began his career on the Tube as a foreman at Regent's Park Station on the Bakerloo Line. He rose through the ranks becoming Station Manager at Kings Cross and General Manager: Customer Service of the three busiest tube lines. Before coming to Canada Andy was COO of Rail Corporation in Sydney, Australia.

Andy and his wife left sunny Australia in late 2011 to take up the position of COO at the TTC. In March 2012, before he had been in the position even 6 months Andy was asked to step in as interim CEO for Gary Webster, an appointment that quickly became permanent. Since becoming CEO Andy has shaken things up and brought life back into the TTC, working hard to put customer service at the heart of the organisation. He has big plans for the future, some of which we hope to hear about in what is sure to be an exciting fireside chat.

UCT Squash Final 2016/2017!

Ted Mercer & Maneesh Mehta played for the Bill Cutts Squash Handicap trophy on 9th of May. This is the fifth year that Ted and Maneesh have met in the finals and after a hard fought match, Maneesh reclaimed the title after Ted took it for the first time last year. The tournament started with round robin play that included Bobby Mcdonald and Jeffrey Haylock. Next year, we hope to expand that round robin play further, so if you are interested in playing for this prestigious trophy, please let Karen Csida know and she will get you on the list for next year! Players of all calibre are welcome and your handicap will be determined as you participate.

Save the Dates!